Name: _____

Date: _____

MSPA #: _____

CURRENT REGIMEN:

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Office: 731-541-6939
Fax: 731-541-7346

Email: Sherry.Pinckley@WTH.org
Claressa.Cuyler@WTH.org

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Date	Fasting	2hr after Breakfast	Lunch	2hr after Lunch	Supper	2hr after Supper	Bedtime	2:00 AM